

# Family Physical Therapy

7 PARK AVENUE  
COLCHESTER, CT 06415



3 WEYMOUTH RD  
ENFIELD, CT 06082

P (860) 531-3222 F (860) 531-3224

P (860) 698-6308 F (860) 698-9658

## HEALTH HISTORY

NAME: \_\_\_\_\_

DOB: \_\_\_\_\_

Are you in good health? Y / N

Are you currently taking any medications? Y / N

List Them: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you had any recent test (x-ray / MRI / Scans)? Y / N

List them: \_\_\_\_\_ Where? \_\_\_\_\_

Results: \_\_\_\_\_

**Are you currently being treated by any of the following? If so, please write name on line provided.**

Medical Doctor Y / N \_\_\_\_\_

Osteopath Y / N \_\_\_\_\_

Chiropractor Y / N \_\_\_\_\_

Orthopedic Y / N \_\_\_\_\_

Other Y / N \_\_\_\_\_

**Where is your pain located? Please mark the areas of pain on the diagram below using the pain key**

### **Pain Key:**

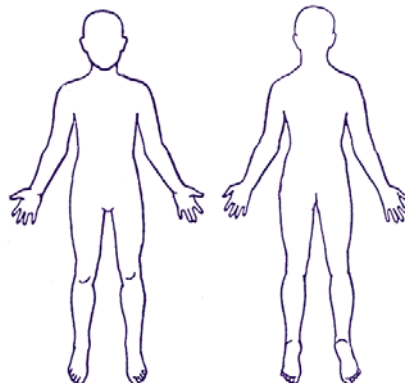
OOOO = Pins and Needles

XXXX = Burning

//// = Stabbing

----- = Dull Ache

PPPP = Other – Describe \_\_\_\_\_



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**Do you have or have you ever been diagnosed as having any of the following?**

Cancer	Y / N	(specify) _____			
Heart Problems	Y / N		High Blood Pressure	Y / N	
Asthma	y / N		Emphysema	Y / N	
Chemical Dependency	Y / N		Thyroid Problems	Y / N	
Diabetes I or II	Y / N		Multiple Sclerosis	Y / N	
Rheumatoid Arthritis	Y / N		Other Arthritic Conditions	Y / N	
Depression	Y / N		Hepatitis	Y / N	
Tuberculosis	Y / N		Stroke	Y / N	
Kidney Disease	Y / N		Anemia	Y / N	
Epilepsy	Y / N		Bleeding/Blood Disorder	Y / N	
Chronic Fatigue Syndrome	Y / N		Chronic Pain Syndrome	Y / N	
Fibromyalgia	Y / N		Liver Disease	Y / N	
Osteoporosis	Y / N				
Other	Y / N	(specify) _____			
Other Neurological Conditions	Y / N	(specify) _____			

**Allergies**

Are you allergic to tape?      Y / N  
 Are you allergic to Latex?      Y / N

Are you pregnant?      Y / N  
 Have you recently lost/gained more than 10 pounds?      Y / N  
 Are you experiencing any bowel/bladder irregularities?      Y / N  
 Do you experience any numbness/tingling in hands or feet?      Y / N  
 Do you experience any weakness in your legs or balance problems while walking?      Y / N  
 Do you experience blurred vision, nausea, or difficulty breathing?      Y / N

How many beverages containing caffeine do drink per day?      \_\_\_\_\_  
 How many beverages containing alcohol do you drink per day?      \_\_\_\_\_  
 How many packs of cigarettes do you smoke per day?      \_\_\_\_\_

Please list a goal or goals for Physical Therapy:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_